

# LAND BETWEEN THE LAKES National Recreation Area

170,000 Acres of  
Outdoor Adventures

KENTUCKY | TENNESSEE  
WWW.LANDBETWEENTHELAKES.US

Located on a forested peninsula between Kentucky Lake and Lake Barkley in Western Kentucky and Tennessee, Land Between the Lakes' **300 miles of undeveloped shoreline** provide an idyllic setting for outdoor recreation.

With over **500 miles of trails**, opportunities to hike, bike, and ride abound. Designated trails provide access for equestrian use, off-highway vehicles, mountain biking, hiking, and backpacking.

Visitors can immerse themselves in an **unforgettable experience** at our family-friendly environmental education attractions: Elk & Bison Prairie, Homeplace 1850s Working Farm, Woodlands Nature Station, and Golden Pond Planetarium and Visitor Center.

**Camping** choices include full hook-up campsites and rustic cabins to more primitive basic camping areas. Outdoor enthusiasts can also enjoy the solitude of dispersed camping along the shoreline.

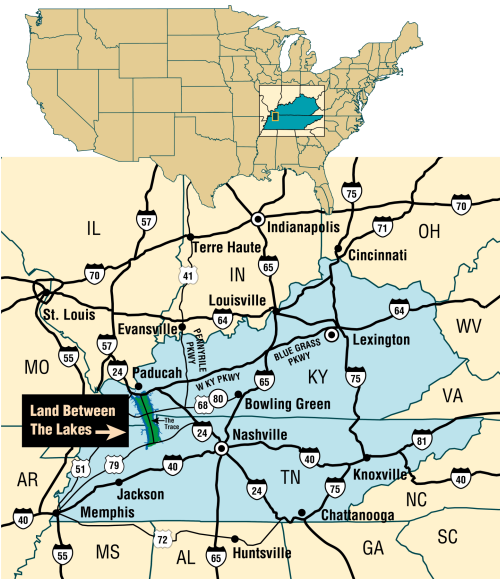
Our **gateway communities** provide a variety of amenities, including hotels, state park lodges, restaurants, shopping, and more.

**Come outside and play** at Land Between the Lakes!



Camping at Land Between the Lakes

Visit Soon - We're Closer Than You Think!



**Approximate distance in miles:**

Chicago, IL	395	Lexington, KY	245
Evansville, IN	115	Louisville, KY	200
Huntsville, AL	210	Memphis, TN	200
Indianapolis, IN	284	Nashville, TN	90
Knoxville, TN	278	St. Louis, MO	190

## Connect With Us

### Land Between the Lakes National Recreation Area

Golden Pond Visitor Center  
238 Visitor Center Drive, Golden Pond, KY 42211

**Website:** [www.landbetweenthelakes.us](http://www.landbetweenthelakes.us)

**General Information:** 800.LBL.7077 or 270.924.2000

**Emergencies:** 9-1-1

**Forest Service Law Enforcement:** 877.861.2457

**Call Before You Haul:** 270.924.2000 & press "1"

**Facebook:** LBLNatRecArea **Twitter:** LandBtwnLakes

## Friends of Land Between the Lakes

The **Friends of Land Between the Lakes** have partnered with the USDA Forest Service to provide interpretive, informative, and support services.

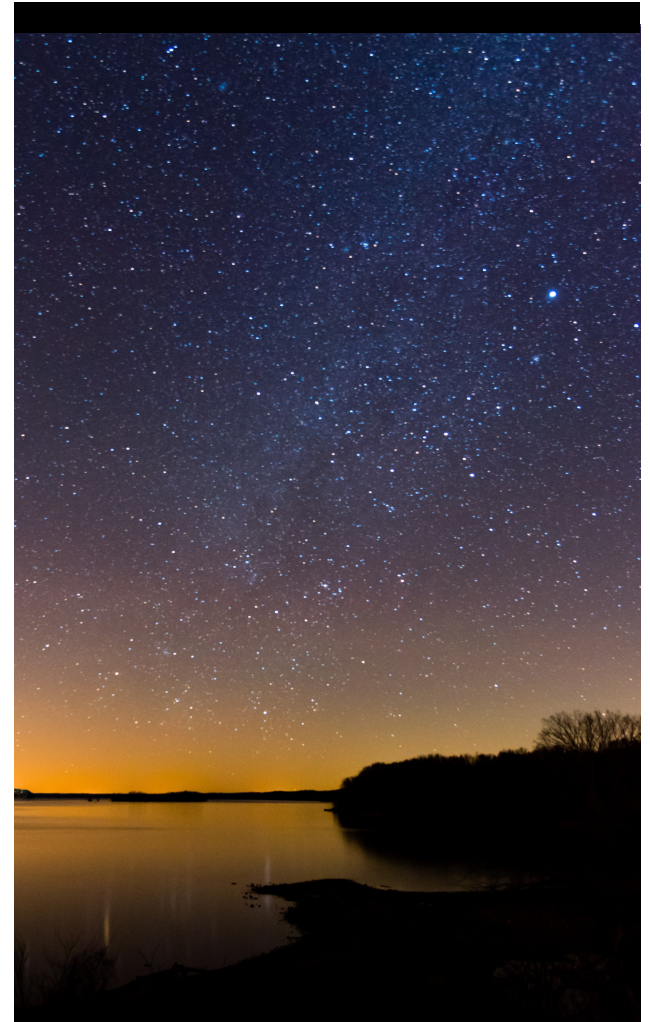
The Friends are supported through business and personal memberships, gift shop sales, volunteering, and other contributions. Learn more at [www.friendsofblb.org](http://www.friendsofblb.org)



# Visitor Information & Map

## LAND BETWEEN THE LAKES National Recreation Area

KENTUCKY | TENNESSEE



**Forest Service**  
U.S. DEPARTMENT OF AGRICULTURE

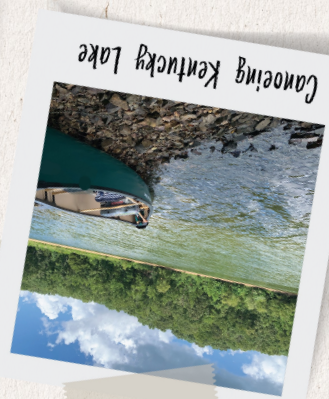
- **Paddle** the expansive waters of Kentucky and Barkley Lakes or one of our inland lakes from our **80 water trail access points**. Energy Lake Campground offers seasonal **canoe and kayak rentals** and the Woodlands Nature Station hosts seasonal **guided paddling tours**.
- Our **100 miles of hiking trails** offer a variety of excursions, from relaxing walks in the woods to multi-day **backpacking** trips.
- We're a **sportfishing** center for crappie, bass, catfish, bluegill, and more. Fish from our banks or launch from one of our **22 boat ramps**. License required.
- We offer more than **250 days of in-season hunting** per year. Hunters will find white-tailed deer, wild turkey, squirrels, and other forest game species abundant. License and permit required.
- The Golden Pond **Target Range** offers accessible rifle, pistol, and archery ranges with capacity for multiple target shooters. Open dawn to dusk.

## Discover

**Wildflowers** can be found year-round across the recreation area. Take a hike or scenic drive to see how many you can find!

- Saddle up and take a ride on our **106 miles of horse trails** (permit required). Guided trail rides are also offered seasonally at Wranglers Campground.
- **Off-Highway Vehicle (OHV)** riders can choose from a variety of riding experiences on **100 miles of trails** at Turkey Bay OHV Area. Permit required.
- From paved, gentle grades to rugged, challenging terrain, our **70 miles of mountain biking trails** offer a spectrum of adventures for all skill levels.
- Take the scenic route on our **444 miles of roads** or drive to one of our **11 designated picnic areas**.

## Ride



## Make memories at Land Between the Lakes

- Wind your way around 700 acres of scenic prairie on a 3.5-mile paved loop drive through the **Elk & Bison Prairie**. See elk, bison, and other wildlife in their native habitat. Enclosed vehicles only. No motorcycles. Open dawn until dusk year-round.
- Blast off into outer space from the comfort of our upgraded, climate-controlled planetarium theater at **Golden Pond Planetarium**. Shows offered daily.
- Step back in time at the **Homeplace 1850s Working Farm**—no time machine required! Discover what life was like for an 1850s farm family as they go about their daily chores. You can even lend a hand and join in on the farm fun! Open seasonally.
- Gobble with the turkeys, howl with a coyote, or watch for the elusive red wolf at the **Woodlands Nature Station**. Explore the natural world with live animals during a guided naturalist program. Open seasonally.

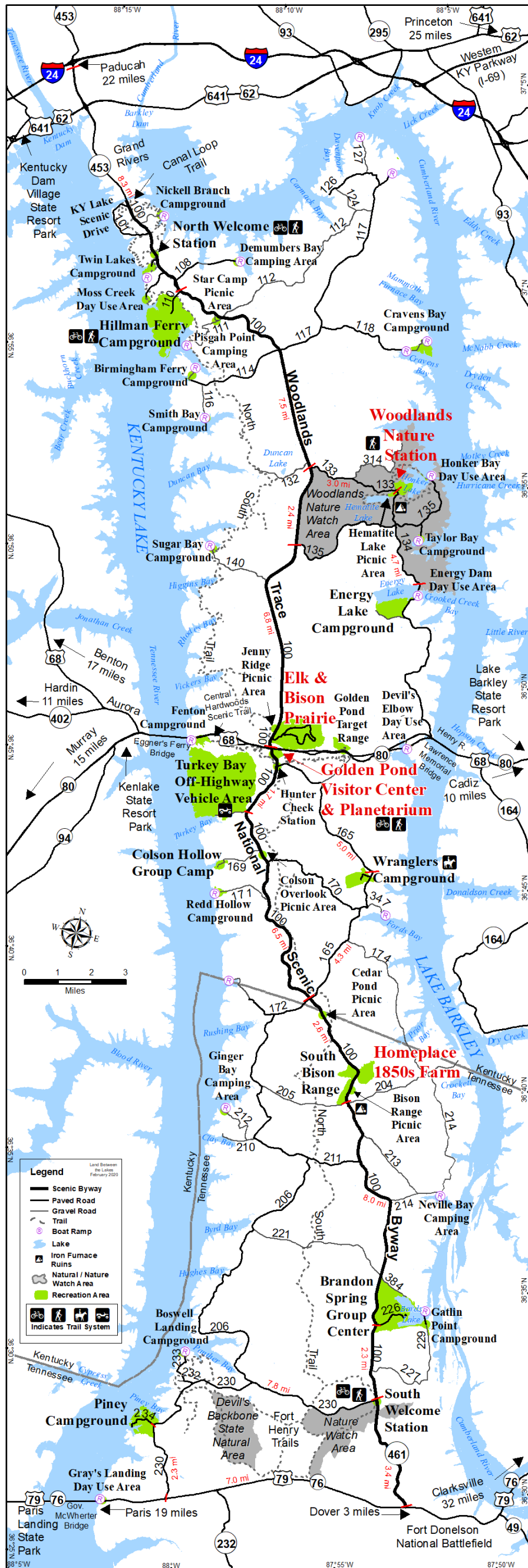
## Explore

**Birding** is a popular way to explore Land Between the Lakes. Winter is peak season for **bald eagle viewing** along the bays.

- Sleep under the stars in the **backcountry**, enjoy one of our **rustic cabins**, pitch a **tent** along the shoreline, or park your **RV** at one of our **1,400 campsites**.
- Scheduled groups can stay at **Brandon Spring Group Center**, our year-round, overnight recreation and environmental education facility. Brandon Springs is perfect for groups of all kinds, including retreats, workshops, and field trips. Lodging, food service, and guided programs are available. Reservations required.

## Stay

# Land Between the Lakes National Recreation Area



### North & Central Facilities

Facility	Accessible Features	Boat Ramps	Courtesy Dock	Day Use	Drinking Water	Pavilion	Picnic Tables or Grills	Playgrounds	Recycling Stations	RV Dump Station	Showers	Swimming (No Lifeguards)	Toilets, Flush	Toilets, Vault	Trails, Bike	Trails, Hiking	Washers/Dryers	Basic Camping Permit	Camping Fees, Nightly	Camping, RV, Utilities	Camping, Tent	Bike/Equipment Rentals	Canoe or Kayak Rentals	Campstore/Outpost	Day Use or Program Fees	Ice or Firewood Sales	Camping Reservations
<b>Visitor Facilities</b>																											
Golden Pond Planetarium	x																										
Golden Pond Visitor Center	x																										
North Welcome Station   Mar-Nov	x																										
Woodlands Nature Station   Mar-Nov	x																										
<b>Camping Facilities</b>																											
Birmingham Ferry																											
Cravens Bay	x	x	x	x	x																						
Demumbers Bay	x																										
Eddyville Ferry	x	x																									
Energy Lake   Mar-Nov	x																										
Fenton	x	x	x	x	x																						
Hillman Ferry   Mar-Nov	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Nickell Branch	x	x	x																								
Pisgah Point	x	x																									
Smith Bay	x	x																									
Sugar Bay	x	x																									
Taylor Bay	x	x	x																								
Twin Lakes	x	x																									
<b>Other Facilities</b>																											
Devil's Elbow Day Use Area	x																										
Elk & Bison Prairie	x																										
Energy Dam Day Use Area	x	x	x																								
Golden Pond Snack Shack																											
Golden Pond Target Range	x																										
Hematite Lake Picnic Area	x																										
Honker Bay Day Use Area	x	x																									
Jenny Ridge Picnic Area																											
Moss Creek Day Use Area   Apr-Sep																											
Star Camp Picnic Area																											

### South Facilities

Facility	Accessible Features	Boat Ramps	Courtesy Dock	Day Use	Drinking Water	Pavilion	Picnic Tables or Grills	Playgrounds	Recycling Stations	RV Dump Station	Showers	Swimming (No Lifeguards)	Toilets, Flush	Toilets, Vault	Trails, Bike	Trails, Equestrian	Trails, Hiking	Washers/Dryers	Basic Camping Permit	Camping Fees, Nightly	Camping, RV, Utilities	Camping, Tent	Bike/Equipment Rentals	Campstore/Outpost	Day Use or Program Fees	Ice or Firewood Sales	Camping Reservations
<b>Visitor Facilities</b>																											
Homeplace 1850s Farm   Mar-Nov	x																										
South Welcome Station   Mar-Nov	x																										
<b>Camping Facilities</b>																											
Boswell Landing	x	x	x																								
Gatlin Point	x	x	x																								
Ginger Bay	x	x																									
Gray's Landing	x	x																									
Neville Bay	x	x																									
Piney   Mar-Nov	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Redd Hollow	x	x																									
Wranglers	x																										
<b>Other Facilities</b>																											
Brandon Spring Group Center	x																										
Cedar Pond Picnic Area																											
Colson Hollow Group Camp																											
Colson Overlook Picnic Area																											
Jones Creek	x	x																									
South Bison Range Picnic Area																											
Turkey Bay Off-Highway Vehicle Area	x																										

### General Information

- 911 In case of emergency, call 9-1-1**  
**To report a violation or reach Forest Service Law Enforcement:** 877.861.2457
- General Information Line:** 270.924.2000 | **Official Website:** [www.landbetweenthe lakes.us](http://www.landbetweenthe lakes.us)
- Hours of Operation and Fees:** The recreation area is open 24 hours a day, 365 days a year. See our website or the *Rates & Hours* brochure for facility hours of operation and fees.
- Information:** Maps, brochures, restrooms, gift shops, playgrounds, and pavilions are located at Golden Pond Visitor Center (open daily) and North and South Welcome Stations (open seasonally).
- Safety:** You are responsible for your own safety. The recreation area is in a remote location with spotty cell phone service. Be aware of outdoor hazards, including poison ivy, venomous snakes, and biting insects. There are no lifeguards on duty and swimming is at your own risk.
- Rules and Regulations:** Visitors must follow posted rules and regulations at all times. For a list of rules and regulations, including those for hunting and camping, visit our website. Violations of prohibitions are punishable by fine, imprisonment, or both.
- Be Prepared:** Check the weather forecast and the Alerts page on the official Land Between the Lakes website for important notices and closure information before your visit.
- Food, Gas, and Lodging:** Vending machines and snacks are located at our Visitor Center and Welcome Stations. Snacks, drinks, ice, firewood, and basic camping supplies are available for purchase at our campground outposts. Our gateway communities offer gas stations, lodging, groceries, shopping, hospitals, and restaurants.
- Permits:** Hunter Use, Basic/Dispersed Camping, and Wranglers Day Use Permits can be purchased from our website. Permits can be purchased year-round at the Golden Pond Visitor Center or seasonally at our main developed campgrounds and Welcome Stations. Turkey Bay OHV Riding Permits can only be purchased at the Golden Pond Visitor Center or the Turkey Bay Gatehouse. Wranglers Annual Riding Permits must be purchased at the Wranglers Campground Gatehouse.
- Camping Reservations:** Reservations for our large campgrounds (Hillman Ferry, Piney, Energy Lake, and Wranglers) can be made online or by phone: 800.525.7077. Basic, Dispersed, and Self-Service Camping is on a first come, first served basis. Each person 18 years old and older is required to purchase a Basic/Dispersed Camping Permit when dispersed camping or camping in a basic camping area. At Self-Service Campgrounds, campers choose a site, fill out and insert the camping fee into a provided envelope, and deposit it into the fee tube at the campground entrance.
- Pets:** Pets are allowed at most locations throughout the recreation area, including campgrounds and trails. Pets must be on a leash (6' length or less) and under physical control at all times. Pets may not be left unattended at campsites. You are required to clean up after your pet. Remember, never leave your pet in a hot car. See *Rules and Regulations* on our website for more information.
- Keep Wildlife Wild:** For their safety and yours, do not feed, approach, or harass any wild animals.
- Leave No Trace:** Pack it in, pack it out. Properly dispose of all trash and pet waste. Trash cans and recycling areas are located throughout the recreation area, including at our visitor centers, developed campgrounds, picnic areas, and attractions.

**About Our Maps:** Refer to the *Motor Vehicle Use Map (MVUM)* for authorized motor vehicle roads. Maps, including the MVUM and those for trails, are available online at [www.landbetweenthe lakes.us/maps](http://www.landbetweenthe lakes.us/maps). Detailed recreation maps are available for purchase at our gift shops and digital maps are available through the Avenza Maps app for mobile devices.

**Program Calendar:** Looking for fun things to see and do during your visit? There's always something happening at Land Between the Lakes! See our calendar of upcoming programs at [www.landbetweenthe lakes.us/events](http://www.landbetweenthe lakes.us/events).

USDA is an equal opportunity provider, employer, and lender.  
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